Terminology and Concepts

Soul or Higher Self

The Soul is the intermediary or "Agent" that exists <u>between</u> our pure Spirit and the Personality. The Soul represents both "livingness" and "consciousness". Since it resides between Spirit and the lower planes where we reside, it mediates, and relates them together, hence its influence.

Personality

The Personality is a combination of your mental (concrete mind), the emotional (astral), and your physical / etheric form. A goal in meditation is to integrate these 3 together in your mind and then see the three as one. Then, allow that one to merge with the Soul.

The human being is composed of 3 inter-penetrating and inter-related energy fields, namely Spirit, Soul, and Personality. A goal in meditation is to integrate these 3 together with the Soul.

Impression

An impression is an idea, feeling about something or someone, especially one formed without conscious thought. Think of it as your "first impression" of a person or place. Impression by its very form is of a subjective nature.

Right Human Relations

"Right human relations" is not simply goodwill....it is a <u>product or result</u> of goodwill and the instigator of constructive changes between individuals, communities and nations." In essence, it is the result of practiced love and acceptance among people groups, and nations.

Lightworkers, Group of World Servers, Spiritual seeker

Term(s) describing the service minded people or Men/Women of Goodwill. Their activities represent the practice of higher values, e.g. goodwill, cooperation, and harmlessness thru ALL their thoughts and actions.

A major function of the Lightworkers is to act as the bridge <u>between</u> Humanity, Hierarchy + Ashrams to invoke thoughtforms, ideas, and impressions from these Higher sources and turn them into creative solutions. The Lightworkers are called the hands and feet of the Hierarchy, and they "<u>spiritualize the thought life</u>" for each of the 10 Service Groups and help to establish right human relations, particularly in the lower 18 subplanes.

Hierarchy (Ascended Masters)

Hierarchy is guided by group of advanced Souls or ascended Masters, e.g. Christ and Buddha who just as us has suffered, incarnated and eventually achieved liberation from the physical plane and the cycle of rebirth... they are called the Hierarchy and act as custodians of God's Plan for working out on Earth.

The Plan

The Ageless Wisdom teachings present an understanding that Divine inspiration comes from solar, and cosmic sources. This 'inspiration' is a type of knowledge, and energy that is stepped down into what is called the 'Plan'. The Plan, also known as the 'Divine Plan,' is a blueprint of light, wisdom, and love that guides the Hierarchy of Masters, and all Souls..

Lightworkers everywhere interpret the Plan by applying spiritual values & ethical leadership in life, although they are <u>never imposed</u>. In a worldly context, the spiritual seekers realize that the Plan represents ongoing change in consciousness for mankind and that we must learn we are "consciously" part of this evolution.

Soul Urge

The Soul on its own plane will occasionally make contact with its lower reflection, the Personality. This helps the Personality establish a 'mental' orientation. Over time, the Personality learns to develop a capacity for listening to the Soul's impulses, or urges thru impressions, dreams and thru stimulation of the etheric centers.

Continuity of Consciousness

A major goal for the meditator is to establish a continuity of consciousness for perceiving the higher levels of mind, and allow for a continual flow of impressions from the Spiritual Triad. 'Continuity' refers to the disciple being able to successfully hold the 'tension of Soul connection' over a period of time. This connection will lead to the more advanced stages of discipleship and initiation for creating a "continuity of consciousness".

Through sustained esoteric meditation, the gap between the lower vehicles and the higher mind of the Soul will be bridged. This will result in a soul-infused Personality When enough of the "Bridge of Light or Antahkarana has been built, this process will facilitate a 'continuity of consciousness'.

Livingness

When the spiritual seeker is engaged in a service related activity, he is expressing the Soul's consciousness. This connection has a radiant quality or "livingness" to it.

Originating from the Soul, "livingness" is composed of light and love moving through an individual's consciousness freely in whatever activity he is involved with. Its qualities are:

- It is a *prompting* energy to practice harmlessness, integrity and compassion with individuals and groups.
- It is an awareness that is a <u>vitalizing</u> energy and a presence always in the background.
- It is seen and felt as a <u>radiance</u> from the Soul that becomes part of his consciousness to allow that higher nature to flow through him.
- As much as the spiritual seeker lives for the purpose of the Soul, then he can become that livingness that the Soul radiates.

Crisis

For the esotericist, crisis represents an opportunity for spiritual evolution in consciousness for transforming glamour, illusions, or attachments. On the spiritual path, crisis can also be seen as an opportunity to either stay where you're at and not progress, or embrace a new orientation and paradigm shift in consciousness. For the disciple, it is the handling of a crisis as to how much he extends his vision and thereby allows "fresh knowledge to flow".

Affirmations – Mantras

- I am the Soul. I am the light Divine. I am Will; I am Love; I am fixed Design.
- Midway I stand, between the Angel which is myself and my triple form. At-one with that clear light. This light is all I need.
- In the center of the Will of God I stand. Naught shall deflect my will from His. I implement that will by love. I turn toward the field of service. I the Triangle divine, work out that will within the square and serve my fellow men.
- I strive for direct knowledge of my own Soul, so that it is a fact and a reality in my life and not only a belief and a hope. The way to that direct knowledge is through alignment.

Great Invocation

From the point of Light within the Mind of God

Let light stream forth into human minds.

Let Light descend on Earth.

From the point of Love within the Heart of God Let love stream forth into the hearts of men May the World Teacher return to Earth.

From the center where the Will of God is known

Let purpose guide the wills of men

The purpose which the Masters know and serve.

From the center which we call the race of men

Let the Plan of Love and Light work out

And may it seal the door where evil dwells.

The Great Invocation is the expression of Spirit or the Divine Trinity coming down to Earth through consciously aware people. It demonstrates:

- Light (of Intelligence)
- Love (Expression of Compassion)
- Will (Expression of Will power)

This creates a unified field that connects with others doing the same work around the world. This is the **Science of Invocation and Evocation**.

Let Light, and Love, and Power restore the Plan on Earth.